

# FEMALE BIOTE PELLETS INSERTION CONSENT FORM

Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**MY BIRTH CONTROL METHOD IS:** (please circle)

Abstinence    Birth Control Pill    Hysterectomy    IUD    Menopause    Tubal Ligation    Vasectomy    Other

*Bio-identical hormone pellets are concentrated hormones, biologically identical to the hormones you make in your own body prior to menopause. Estrogen and testosterone were made in your ovaries and adrenal gland prior to menopause. Bio-identical hormones have the same effects on your body as your own estrogen and testosterone did when you were younger, without the monthly fluctuations (ups and downs) of menstrual cycles.*

Patients who are pre-menopausal are advised to continue reliable birth control while participating in pellet hormone replacement therapy. Testosterone is a "Category X" (will cause birth defects) and cannot be given to pregnant women.

**WHAT CAN OCCUR:**

Bleeding, bruising, swelling, infection and pain; extrusion of pellets; overactive libido; lack of absorption; breast tenderness, increase in hair growth on face, water retention, increased growth of estrogen dependent tumors, birth defects in babies exposed to testosterone during gestation, growth of liver tumors, change in voice, clitoral enlargement, estrogen can aggravate fibroids or polyps (if they already exist).

\_\_\_\_\_ I acknowledge I have read this thoroughly  
*Initial*

**BENEFITS OF TESTOSTERONE PELLETS:**

Increased libido, energy, & sense of well-being, increased muscle mass and strength and stamina. Decreased frequency and severity of migraines. Decrease in mood swings, anxiety and irritability, decreased weight, decrease in risk or severity of diabetes. Decrease of heart disease and Alzheimer's and dementia.

\_\_\_\_\_ I acknowledge I have read this thoroughly  
*Initial*

**CONSENT FOR TREATMENT & ACKNOWLEDGEMENT:**

I \_\_\_\_\_ consent to the insertion of testosterone & or estradiol pellets in my hip or abdomen. I have been informed that I may experience any of the complications to the procedure as described above. These side effects are similar to those related to traditional testosterone and or estrogen replacement. Surgical risks are the same as for any minor medical procedure and are included in the list above of overall risks.

I \_\_\_\_\_ have read and understand all the precautions of what can occur when being pelleted with testosterone or estradiol. I have been encouraged and have had the opportunity to ask any questions regarding pellet therapy. I acknowledge that there may be risks of testosterone and estrogen therapy that we do not yet know, at this time, and that the risks and benefits of this treatment have been explained to me in which I was fully informed what all the treatment consists of.